

Basic Skills for Gateball

Player: _____

ACA id: _____



		Date	Score	Observer	Comments
Skill 1	Passing Gate 1				
Skill 2	Angled Gate Passes				
Skill 3	Touch and spark				
Skill 4	Cross over sparking				
Skill 5	Slide touch				
Skill 6	Cross over stroking				
Skill 7	Touch tight to the line				
Skill 8	Spark tight to the line				
Skill 9	Bombarding				
Skill 10	Tapping on				

Version 2.0

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Basic Skills for Gateball

Each skill is assessed 5 times, and the result recorded on the player's skills test card. Pass rate is 3/5. One attempt per day permitted (but practice beforehand encouraged).

- 1. Passing Gate 1**
Hit the ball from the Start Area through gate one.
- 2. Angled Gate Passes**
Place a ball 1.5m from a gate at an angle of 45 degrees and pass the gate. Most of your shots should be from the right hand side of the gate.
- 3. Touch and spark**
Place two balls in the middle of a court 1m apart. Stroke one ball to touch the other. Spark the second ball out of the court without committing a foul.
- 4. Slide touch**
Place two balls in the middle of a court 20cm apart. Stroke a ball to slide to the left, then repeat sliding to the right. Alternate the direction of the slide for each attempt. Ball must slide at least half a metre in the designated direction.
- 5. Cross over sparking**
Spark a ball from the one side of the court to the other, finishing within 3m of the line (line 2 to 4 or vice versa).
- 6. Cross over stroking**
Stroke a ball from the one side of the court to the other finishing with 2m of the line (line 2 to 4 or vice versa).
- 7. Touch tight to the line**
Place a ball 20cm from a line. Place the stokers ball one metre from the line. Touch the first ball. Both balls must stay in play.
- 8. Spark tight to the line**
From one metre from a line, spark a ball towards the line, the ball should finish 30cm or less from the line.
- 9. Bombarding**
Place one ball on a line. From 75cm, knock it out of the court by sparking another ball at it. Both balls must be knocked out.
- 10. Tapping on**
Place a ball 10cm outside of a line. Gently tap it onto the court so that some part of the ball stops within 15 cm from the line.



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